

# FEBRUARY CHALLENGE

## “LOVE YOUR SPOUSE”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Hold Hands	2 Do a Chore	3 Spontaneous Kiss
4 Be Intimate	5 Say “Thank You”	6 Compliment	7 Love Note	8 Give Hugs!	9 “I Love You.”	10 On The Town
11 Spouses Opinion	12 Small Gift	13 Favorite Meal	14 Massage	15 Go On a Walk	16 Stay Up and Chat	17 Activity
18 Dessert	19 Lunch	20 “What can I do for you?”	21 Dance Party	22 Text/Email	23 Game Night	24 Technology Free
25 Be Intimate	26 Movie Night	27 Breakfast in Bed	28 Project			

\*Check out <http://prismperfect.com> for the full instructions.